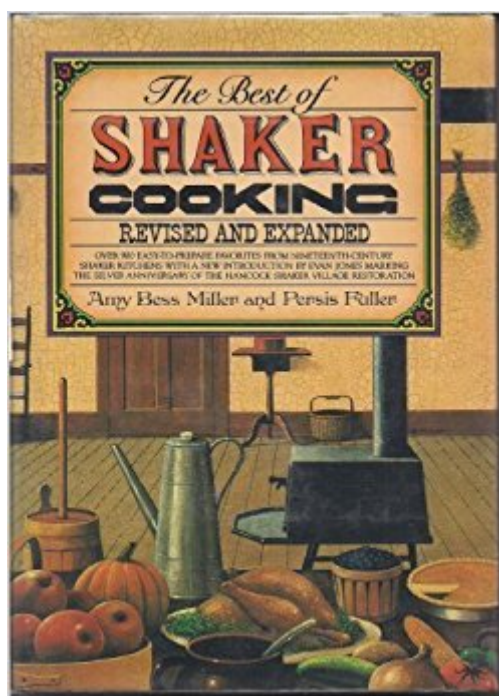


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# The Best Of Shaker Cooking: Over 900 Easy-to-Prepare Favorites From Nineteenth-Century Shaker Kitchens



## Synopsis

Over 900 easy-to-prepare favorites from nineteenth-century Shaker kitchens with a new introduction by Evan Jones marking the silver anniversary of the Hancock Shaker Village Restoration.

## Book Information

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## Customer Reviews

Over 900 easy-to-prepare favorites from nineteenth-century Shaker kitchens with a new introduction by Evan Jones marking the silver anniversary of the Hancock Shaker Village Restoration.

Fresh herbs. Healthy recommendations (trim the fat as too much fat spoils the taste of the meat). whole foods. Every cook should have a copy of this book. Raised my children using this and they have always been healthy.

Mostly baking recipes, which I prefer (how many ways can you realistically fix chicken etc.?). I bought this primarily for reference; I am a professional baker and love to have historical recipes at hand when coming up with something new.

Being a previously confessed cookbook fiend...I'm always on the lookout for the next new tome to get me drooling and itching to get in the kitchen rattling pots and pans. This is an interesting book...just maybe not a great one. I'd heard on a Ken Burns documentary that the hard working Shakers often ate apple pie for breakfast...something I'm all for...but so far, even though this book has apple pies...there's nary a mention of breakfast pie.

Fantastic book...should have purchased it years ago! I went to a dinner at the Hancock Shaker Village (MA) this fall and some of the food that was served was adapted from this book...delicious! So, far I've only tried making the lamb stew, but will experiment with other dishes soon.

We've used this cookbook for years and absolutely love it. Our first book has practically worn out and we were happy to find it still in print. You will be very glad to have this cookbook in your own kitchen library.

Interesting history and great recipes for anything you might grow in your garden.

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